

October 2018



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Upcoming Events

Monthly Meeting:

When: Thursday October 4, 2018 7:30pm.

Where: Foundry United Methodist Church, 2801
Virginia Beach Blvd. in Virginia Beach next to Beach
Ford.

Meeting Subject: "Kayak Fishing".

Meeting Speaker: Ric Burnley, a noted author and saltwater sportsman.

October & Future Information Notes:

- **1.October 3 6 Nags Head Surf Tournament**
- 2. October 4 Club Meeting. Please Note, we are beginning the "Stuff-a-Boat" Christmas campaign sponsored by Sea Tow Hampton Roads at this meeting. Please bring a toy or donation to our October, November, or December meeting.
- 3. October 6 Kayak Fishing Tournament.
- 4. October 13 Fall Oyster Roast.
- 5. October 14 Ocean View Pier Fishing Tournament.
- 6. November 1-3 Cape Hatteras Angler's Club Invitational Surf Fishing Tournament.

This Month's Ouote

An angler is a man who spends rainy days sitting on the muddy banks of rivers doing nothing because his wife won't let him do it at home. - Anonymous

VBAC Fishing Roulette 2018

<u>Species</u> <u>Current Leader</u> <u>Weight</u>

Croaker Russell Willoughby 12.5" 15 oz.

Puppy Drum Jerry Hughes 6# 12.8 oz

Sea Bass Jerry Mariano 4# 8oz

Bowfin James Eisenhower 6#

Sunfish James Eisenhower 1# 5oz

Catch-A-Ride

BOAT

Preston Mangum (757) 582-1450

Jeremy Maguire (757) 407-0493

Rich Maguire (757) 619-4851

Rob Stommel (703) 244-1282

Bob Stuhlman (757) 374-7372

CREW

Pete Federico (908) 887-3113

Kelly Hoggard (757) 416-8817

Victor Minak (703) 888-8992

Gerald Segelstrom (724) 809-7868

VIRGINIA BEACH ANGLERS CLUB & OCEAN VIEW FISHING PIER

2018 SUMMER FISHING TOURNAMENT



Entry fee includes admission to pier.

\$150 GUARANTEED ADULT PAYOUT \$50 PIER SHOP GIFT CERTIFICATE TO CHILD

8 AM to 4 PM

10 JUN	15 JUL	12 AUG	9 SEP	14 OCT weather permitting
SPECIES	SPECIES	SPECIES	SPECIES	SPECIES
CROAKER ROUNDHEAD BLUE FISH	CROAKER ROUNDHEAD BLUEFISH	CROAKER BLUE FISH SPOT	CROAKER BLUE FISH SPOT	CROAKER BLUE FISH SPOT
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RULES

Tournament is open to all. Rain or shine.

Fish must be caught on the pier during Tournament times and alive when brought to the judging table.

Winner will be determined by length.

Ties will be determined by earliest entry time.

Winners do not have to be present at 4 PM.

All prize money will be awarded. If no entry in a species, prize money will be divided and awarded to the winner with largest entry in remaining species.



1 Species = \$150 to the winner

2 Species = \$75 each winner

3 Species = \$50 each winner

Child's prize will be for largest fish caught that day from the three species.

Visit our websites for the latest updates to the Tournament:

vbanglersclub.com oceanviewfishingpier.com

The September pier tournament was cancelled due to weather.

General Stuff

Stuff-a-Boat Toy Drive

Sea Tow Hampton Roads and The Local Angler Clubs will be collecting toys this year for the "Stuff-a-Boat Toy Drive". We will be collecting toys that are new and un-giftwrapped. Last year we were able to collect over 1440 toys due to the Angler Clubs tremendous participation. The only thing we are asking of club members is to bring a toy to your monthly Angler's Club meeting in the months of October November and December. Sea Tow Hampton Roads will attend your meeting each month and collect the toys. If for some reason you don't make the monthly meetings, you can visit www.facebook.com/SeaTowHamptonRoads for locations where drop off boxes are available.

In December everyone will be invited to our office for hot apple cider, donuts & pizza and we will stuff the Sea Tow Boat with toys that we collected. The Marines from Toys for Tots will come to the Sea Tow office and receive the toys. We would like to get a group shot of all clubs surrounding the Sea Tow boat stuffed with toys. This date will be determined when the time gets closer.

Every little bit helps and will make someone's holiday a little brighter. Thank-you again for all of your support. **REMINDER**: **For each toy you donate at your monthly meeting your name goes into a drawing for prizes.** If you have any questions or know of anyone who would like a box to collect toys you may contact Karen or Ed Schrader at 757-496-1999.



Don't Forget

Elections are coming up soon.

If you might or you know someone you'd like to see on the the board, talk to them about possibly serving on the board.

FMAC Committee Members and Interested Parties: Good evening.

Below is the latest text sent by the Fisheries Liaison for the Dominion Power offshore wind turbines and two attachments. This includes a description of the survey vessel, a Coast Guard Notice to Mariners and other information.

If you fish the cable area, please keep an eye out for this vessel.

Thanks, Jeff Deem

Gentlemen,

I hope this finds you all doing well. I've attached here the Coast Guard Notice to Mariners and included the vessel specs for the UXO survey vessel, M/V Gerry Bordelon. Starting between approximately 2-6 August 2018, the Supply Vessel Gerry Bordelon, Call Sign WDH6434, will be engaged in seabed survey operations to identify and mark the positions of Unexploded Ordnance ("UXO") off Virginia Beach for removal in 2019. Fishermen are requested to shift any pot, line or net gear at least 0.5 nautical miles out of the survey area and maintain a safe distance from the survey vessel. Detailed position information covering the survey line is included in the attached documents.

The M/V Gerry Bordelon will be towing sonar and magnetometer equipment just above the sea bed. This equipment could snag on fishing gear set in the survey path, causing a loss of equipment and damage to the fishing gear. A scout vessel will proceed ahead of the survey in order to identify any gear remaining in the water and seek the owner to request a shift outside the survey area. The scout vessels are contracted out of Rudee Inlet. They are the F/V Catherine C. operated by Bobby Crisher, and the F/V Brenda B., run by David Portlock. A Notice to Mariners will be issued by the U.S. Coast Guard in advance of operations. Contact information for the survey vessel is shown below and is included in the attached information.

M/V Gerry Bordelon

Call sign: WDH6434

Captain Ron Pennington

VSAT: +1 832 461 4540

E-mail: gerry@bordelonmarine.com

The vessel captains will monitor VHF Channel 16.

Survey Project Supervisor and 24-hr. Contact:

David Jones, PM Terrasond

Survey Project Supervisor and 24-hr. Contact: David Jones, PM Terrasond djones@terrasond.com
1-713-690-4900

The UXO clearance operations are necessary for eventual installation of a buried electric power cable that will connect with two test wind turbines planned for offshore installation by 2020. These will be located about 24 nautical miles off Virginia Beach. Additional information on the Coastal Virginia Offshore Wind ("CVOW") project can be found in the attached files. We would appreciate it if this information can be widely shared among fishermen. Anyone with questions or who wishes more information on this project is encouraged to contact me at the below email address or telephone. This information as well as contact information for Dominion Energy are included in the attached UXO Survey flier and CVOW Fact Sheet, respectively.

Thanks again for your assistance in sharing this information among your fishery contacts.

Best regards,

Wolfgang

Wolfgang Rain Sea Risk Solutions LLC USA/Int'l. Mob: +1 206 427 6553 E: wrain@searisksolutions.com www.searisksolutions.com

Member International Cable Protection Committee

Please use links below to get a better idea of what is happening;

https://www.dominionenergy.com/about-us/makingenergy/renewable-generation/wind/coastal-virginia-offshore-wind

http://wind.jmu.edu/offshore/vowda/documents/Coastal%20Virginia% 20Offshore%20Wind%20partnersip%20with%20Orsted,%20February %202018.pdf

Mid-Atlantic Fishery Management Council and Atlantic States
Marine Fisheries Commission to Continue Development of Bluefish
Allocation Amendment (Links below).

http://www.mafmc.org/newsfeed/2018/mafmc-and-asmfc-to-continue-development-of-bluefish-allocation-amendment?utm medium=email&utm source=govdelivery

http://www.mafmc.org/actions/bluefish-allocation-amendment

Cobia

As part of the new management plan for Cobia by the Atlantic States Marine Fisheries Commission (ASMFC), they have to set regulation guidelines for Cobia management. Since the South Atlantic Fisheries Management Council (SAFMC) has transferred management over, the ASMFC is starting from scratch and would like input from anglers about future management plans. Instead of providing set guidelines, they want to hear from anglers about all relevant information that can be used during the creation of Cobia FMP Amendment 1.

http://www.asmfc.org/files/PublicInput/CobiaDraftAmd1PID_PublicComment.pdf

August Crab Creek Clean-Up Crew



This picture missed the September Newsletter. I couldn't let it go another month.

Thanks to everyone that helped with this project during the 2018 season!

VBAC Classified Page

Place Your Ad Here.

Enter your ad by phone, text or email to Preston Mangum 757-582-1450 or pmangum@roseandwomble.com

Ads are free and good for 90 days or until sold.

2018 Virginia Beach Anglers Club Committees:

Boat Show:	Chair - Russell Willoughby		
Calendar:	Chair – Butch Eason		
	Co. Chair - Ronnie Nixon		
Crab Creek Clean-Up:	Chair - Ronnie Nixon		
Great Bridge Flea Market:	Chair - Preston Mangum		
VBAC Flea Market:	Chair - Bob Burstein		
Banquet/Oyster Roast:	Chair - Jerry Mariano		
Seton Youth:	Chair - Dave Anderson		
Raffles:	Chair - Preston Mangum		
Audit Committee:	Chair - Mike Anderson		
Surf Tournaments:	Chair - Robbie Parks		
Club Tournaments:	Chair - George Gabriel		
	Co. Chair - Bob Burstein		
	Chair - Gary Doerhoff		
Pier Tournaments:	Co. Chair – Bryan Watson		
Prize Fish:	Chair - Chris Schneider		
Nomination Committee:	Chair – Butch Eason		
	Co. Chair Kelly Hoggard		
	Co. Chair Beth Synoweic		
Conservation and Regulations:	Chair – Butch Eason		
	Co. Chair - Kelly Hoggard		
T-Shirt Committee:	Chair – Patty Searby		

If You Would Like to Help on a Committee,
Please Speak to the Chair. Help is Appreciated!

Saltwater Fishing News

The following page reflects the Prize Fish requirements updated on March 15, 2018. Please save for your files.

Eligible Saltwater Species and Minimum Weights are:

***** Modified/updated March 15, 2018. Based on 75% of Virginia Citation Requirements.

Virginia Citation Requirements

2018 VBAC Requirements

	Weight	Release Length	Weight	Release Length
Amberjack	Release only	50"	Release only	38"
Bass, Black Sea	5 lb 0 oz	n/a	3 lb 12 oz	17"
Bass, Striped (SW)	40 lb 0 oz	44"	30 lb 0 oz	33"
Bluefish	16 lb 0 oz	36"	12 lb 0 oz	27"
Cobia	55 lb 0 oz	50"	41 lb 4 oz	38" *****
Croaker	3 lb 0 oz	20"	2 lb 4 oz	15" *****
Dolphin	25 lb 0 oz	n/a	18 lb 12 oz	35" *****
Drum, Black	80 lb 0 oz	46"	Release only	35"
Drum, Red	Release only	46"	Release only	35"
False Albacore	Release only	32"	Release only	24"
Flounder	6 lb 0 oz	26"	4 lb 8 oz	20"
Gray Triggerfish	4 lb 0 oz	20"	3 lb 0 oz	15"
Jack Crevalle	Release only	40"	Release only	30"
Kingfish (roundhead)	1 lb 8 oz	16"	1 lb 2 oz	12" *****
Mackerel, King	20 lb 0 oz	n/a	15 lb 0 oz	33"
Mackerel, Spanish	4 lb 0 oz	26"	3 lb 0 oz	20"
Marlin, Blue	Release only		Release only	
Marlin, White	Release only		Release only	
Pompano	1 lb 8 oz	16"	1 lb 2 oz	12"
Sailfish	Release only		Release only	
Sharks	Release only	72"	Release only	54"
Sheepshead	10 lb 0 oz	24"	7 lb 8 oz	18" *****
Spadefish	9 lb 0 oz	22"	6 lb 12 oz	17" *****
Spearfish	Release only		Release only	
Spot	1 lb 0 oz	13"	12 oz	10" *****
Swordfish	100 lb 0 oz	Any	75 lb 0 oz	Any
Tarpon	Release only	36"	Release only	27" *****
Tautog	9 lb 0 oz	23"	6 lb 12 oz	17" *****
Trout, Gray	9 lb 0 oz	30"	6 lb 12 oz	23" *****
Trout, Speckled	5 lb 0 oz	24"	3 lb 12 oz	18" *****
Tuna, Bigeye	70 lb 0 oz	n/a	52 lb 8 oz	38" *****
Tuna, Bluefin	100 lb 0 oz	60"	75 lb 0 oz	45"
Tuna, Yellowfin	70 lb 0 oz	n/a	52 lb 8 oz	38" *****
Tilefish, Blueline	10 lb 0 oz	n/a	7 lb 8 oz	****
Tilefish, Golden	30 lb 0 oz	n/a	22 lb 8 oz	
Wahoo ****	35 lb 0 oz	n/a	26 lb 4 oz	38"
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Saltwater Fishing News Continued

Submitted by Beth Synoweic;

I absolutely love when things come together. Friday September 21st Kevin and I went out on a very short bay trip. Our goal was to just grab some fresh sheepshead and come back. We did grab a few eels as a just in case but never used them because the wind ended up kicking in much sooner than anticipated, but no worries it was still a great trip.

We drove to a location anchored and managed 6 sheepshead in just about under an hour. Hot bait was fiddlers on a 3/0 owner hook and carolina rig with 40 lb fluorocarbon leader and 4oz egg sinker. Then it happened! I lost a huge one at the boat side, Kevin with net in hand and we saw this enormous pig and then the sheepshead yanks & twists his body in ways we don't care to discuss, ha ha and, he left his tooth! I know I'm not a bling girl but, the leaving a tooth is a first for me so I plan on making a necklace with that sheep tooth. It will be called "the one that got away! "Ha! This fish was easily 12 plus pounds and although it was disheartening that he got away, it was amazing at the same time. There's more, this fishing report does not stop here because the reason why we went was to get fresh fish because my plan was to leave early Saturday morning and drive to West Virginia to visit my father. A pretty much spontaneous visit to my daddy 💞 🗣. I'm so glad I did this. In the morning, I went to church and ran into a friend of mine Erin and her father. I have known Erin since first grade so I really enjoyed seeing them and briefly catching up. Then during the rest of the day my dad and I spent some quality time together, just being together. Oh and "Lou "my dad's very amazing cat wanted to ensure he was a part of that, ha ha as he followed me and didn't want to miss a thing. Then tonight's dinner was, you guessed it, the fresh sheepshead Kevin & I caught Friday served with some yummy German Gewurtztraminer wine. Simple is best sometimes. I want to take a moment to encourage everyone out there to do something spontaneous for those you love, even if just for one day. I hope everyone had a fantastic weekend, Tight Lines Everyone!















Saltwater Fishing News Continued

Lynnhaven Adventure;

Russell and I went fishing in the Lynnhaven on his Carolina Skiff 9/20 looking for puppy drum as our primary target. Despite our attempts at three of the coves we usually catch them we didn't locate any and saw little bait in each area. Secondary target was spot that Russell found near the tennis courts last week before the hurricane. Sure enough they were there in numbers, however it was the tail end of the outgoing current and once the current stopped the bite was off. So a backup plan was to check under the Lesner Bridge for croakers. After a few drifts Russell had a good sized croaker in the net which ended up being 12.5" and 15 oz. on his digital scale. So once the current started in coming we went back to the tennis courts and the spot bite was back on. At times were caught them two at a time as my picture testifies. All total we caught 20 spot and one croaker which could be a roulette leader. The weather was wonderful, light wind, cooler than it has been all summer and cloudy, very fishable.

Blessings, Ike









Saltwater Fishing News Continued

Trout fishing with Louis in the Little Creek 9/25:

Went fishing with Louis Glazer in the Little Creek early Monday despite a overcast and rainy day. But there was no wind to start out our trip. I had fished with Louis the week before and we had caught dozens of trout that were 12-13 inches long with Louis catching a keeper or two each trip. But I had not gotten a single fish over the 14 inch keeper limit. This trip was different. A friend of ours was at the jetties and he reported having his limit already of keepers around 18"-19" so we headed there and tried a couple of spots but at first only caught the throwback size fish. Then after changing positions again Louis hooked up with an 18" fish on a Mirror lure MR 27 pink and green cracked glass. I wasn't far behind with a 17" fish on a red and gold MR 52. That was my first keeper speck of the year. Not long after this I caught an 18" speck but this time it was caught on a green and white MR 52. We finished out the trip with a couple of more throwbacks but only those keepers as the wind suddenly picked up and shifted to the NE shutting the bite down completely. Still it was a great couple of hours speck fishing and three keepers to boot. Blessings,

Ike





This note is from Jerry Hughes;

"All the speckled trout you want at Little Creek Cove Marina Seawall!"



Surf Fishing News

VBAC Salvo Fall Open Surf Fishing Tournament Summary

This VBAC surf series qualifying "Pilot Tournament" offered fishing, fellowship, food, and FUN for all who were able to make the trip to Salvo, NC!

Thanks to Jerry Hughes for organizing the tournament details, rules, and logistics for this new "pilot" intraclub event based in Salvo, NC (on Hatteras Island).

Tournament standings were based on greatest overall length for each the following target species:

- Bluefish
- Sea Mullet (aka Roundhead)
- Puppy Drum

The longest fish recorded in each category determined a "winner" with up to three possible individual winners.

No size restrictions were established, although for puppy drum outside the slot, pictures of the fish and tape measure recording length were required prior to release to get credit for the catch. All other fish entered for scoring were kept on ice and measured at the tournament HQ at Leigh-On-Sea in Salvo.

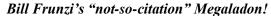
John Germanos recorded entries in the Bluefish and Sea Mullet categories to sweep the "voluntary" Calcutta and overall tournament winner board (no puppy drum were caught).

John also caught a citation 17-1/2 inch Pompano that weighed-in at 2.3 lbs and earned a NC citation (2 lbs is a citation in NC).

Pat Searby and Bill Frunzi engaged in a furious competition for the "Guppy Award," and Patty's 5-inch Sea Robin narrowly won over Bill's 6-inch "monster" Bluefish!











Following the event, John Germanos prepared a Low Country Boil for the VBAC anglers who participated in the tournament, and seconds were had by all (see the "Chef's Corner for pictures and recipe for the Low Country Boil)!

Based on lessons learned, and a draft plan submitted for review, future tournaments may shift to a point system that aligns with typical formats encountered in the five major surf fishing tournaments in which VBAC Teams compete each year.



Surfmaster Robbie Parks advising on how to chow down!



Patty Searby sporting the Club colors!

Nothing quite like a hard day of fishing and a great meal to bring Club members together for few belly laughs!



Robbie and new members Vic and Bill



John cutting up as usual!



John and Jerry coaxing the pot!

Overall, the OBX Beaches were perfect, and we easily achieved our objective:

Fishing, Food, Fellowship...and FUN!

Contributed by: John Germanos

The following note is from Bryan Watkins

Went surf fishing out in Sandbridge on Sunday September 23rd. We set up at 4:00 am to fish the incoming tide which was full high at 7:26am. Stayed out till 11:30am, I caught 1 speckled trout at about 10 1/2 inches. Other than the one fish we caught an awesome sunrise and enjoyed the weather!











Hatteras Village Invitational Tournament

The tournament took place on September 5 and 6. Our club had two teams of 6 anglers. Team #A was Stan Sutliff, Patty Searby, Melanie Bayford, Preston Mangum, Butch Eason, and Russell Willoughby. Team #B was Bryan Watkins, Carl McCoy, Robbie Parks, John Germanos, Larry Regula, and Jerry Mariano. Butch Eason led team A to a third-place finish and Team B, led by Carl McCoy, tied with 4 other teams for 22cd place out of a field of over 64 teams.











Submitted by: VBAC Angler John Germanos, Team B Captain, LBI 2018

Long Beach Island 72nd Annual World Series of Surf Fishing

The VBAC Surf Fishing Team posted another "Top Ten" finish in the "World Series of Surf Fishing" at Long Beach Island, NJ.

Special Thanks go out to the Long Beach Island Fishing Club (LBIFC) for their hospitality and for hosting another great tournament! These folks always make us Southerners feel at home while providing a great Inter-Club fishing experience!

This year's competition was held on Saturday, September 22nd, 2018 and included 52 teams from up and down the East Coast. Teams consisted of up to six anglers each.

VBAC entered an "A" and "B" team consisting of five anglers each.

VBAC's B-Team recorded 156.50 points, which was good enough for an 8th-place overall finish. Several teams recorded <u>zero</u> points, with many "shorts" falling just shy of the 11-inch minimum. Success required hard work, perseverance, and a willingness to get "waist-deep" – especially during the second session!



Ready & waiting for the 7 a.m. start in the LBI surf.

Fishing the LBI Surf

Team A Anglers:

Surf-master Robbie Parks captained VBAC's A Team to a great overall fishing experience as all anglers caught numerous fish in the 9- and 10-inch class, but most fell just short of the 11-inch minimum required to score.

Team A Anglers included:

- Robbie "Surf-Master" Parks
- Jerry "Doink" Hughes
- Doug "Pops" Wehner
- Greg "Lil" Wehner
- Chris "The Rook" Schneider

This event was Chris Schneider's first surf fishing tournament, and by all accounts, he fished hard and represented VBAC well!

Great Job Chris!

Team A Scoring Summary:

Team A competed with five anglers, and three recorded scorable fish. Greg Wehner was Team A's high-scorer with a nice six-fish, 21-point performance!

The squad's 35-point total put Team A in 29th-Place on the leaderboard.

Here are the Team A scoring results by session.

Session 1 Results:

Jerry Hughes 11.00" Bluefish (1 fish; 11.00 pts)
Greg Wehner 3 Sharks (3 fish; 3.00 pts)
Doug Wehner 1 Shark (1 fish; 1.00 pts)



Tracking the Leaderboards...

Session 2 Results:

• Greg Wehner 16.00" Bluefish & 2 Sharks (3 fish; 18.00 pts)

• Doug Wehner 2 Sharks (2 fish; 2.00 pts)

Top 3 Overall Team A Scorers:

Greg Wehner: 6 fish and 21.00 points
Jerry Hughes: 1 fish and 11.00 points
Doug Wehner: 3 fish and 3.00 points

These three folks have earned an automatic bid to return for next year's event.

Congratulations and Well Done!

Team B Anglers:

I had the privilege of captaining our B Team squad of seasoned anglers. As always, I learned a lot of great tricks from my VBAC brothers and sister! There really is no better way to improve surf fishing knowledge than fishing with a great group of folks willing to share their insights and experiences!

Thanks to my Team for a great weekend of fellowship, fishing, and fun!

- John "Short-Bite" Germanos
- George "G-Man" Gabriel
- Melanie "Secret Weapon" Bayford
- David "Kid" Anderson
- Jerry "The Stallion" Mariano

Note: Team B was without last year's Top LBI Women's scorer and Top VBAC scorer Pat Searby as a broken clavicle put her on the DL a week before the World Series. We sorely missed our Ace Angler and wish her a speedy and complete recovery!

Team B Scoring Summary:

Due to Patty's late injury, Team B competed with five anglers, but each recorded multiple scorable fish, representing an excellent, and balanced *Team* effort. George Gabriel was the high-scorer with a steady 6-fish, 82-point performance!

The Team's 156.5-point total earned the VBAC Surf Fishing Team a solid 8th-Place standing on page one of the leaderboards.

Here are the Team B results by session.

Session 1 Results:

• Melanie Bayford: 11.25" & 12.25" Bluefish (2 fish; 23.50 pts)

• George Gabriel: 16.50" blue (1 fish; 16.50 pts)

• Dave Anderson: Dogfish Shark & 14.00" Bluefish (2 fish; 15.00 pts)

John Germanos: 11.75" Bluefish (1 fish; 11.75 pts)
 Jerry Mariano: Dogfish Shark (1 fish; 1.00 pts)



George getting "The Blues"!



The Stallion in Action!

Session 2 Results:

• George Gabriel: 14.25"; 11.00"; 14.00"; 14.75"; & 11.50" Bluefish (5 fish; 65.50 pts)

John Germanos: 12.00" Bluefish (1 fish; 12.00 pts)
Jerry Mariano: 11.25" Bluefish (1 fish; 11.25 pts)

Top 3 Overall Team B Scorers:

George Gabriel: 6 fish and 82.00 points
John Germanos: 2 fish and 23.75 points
Melanie Bayford: 2 fish and 23.50 points

These three folks have earned an automatic bid to return for next year's event.



Team B's George & Mel getting waist-deep, working hard, and doing what it takes to get on the fish! Congratulations and Well Done!

Food, Fellowship...and FUN!

As with all VBAC events I have participated in, the Food, Fun, and Fellowship stand out as much or more than the great Fishing experience, and this event was no different!

Pictured below-left is a snap taken Friday afternoon on the beach near our motel. We spent about 45 minutes talking to this LBIFC member, and he provided valuable insights and helpful hints for fishing the prevailing LBI surf conditions. In fact, he even let me fish and land a couple of bluefish while we were *chillin* on the beach!

For me, this the epitome of good sportsmanship and typical of the hospitality that we experienced throughout the tournament weekend!

Saturday morning check-in began at 5:00 a.m. and included coffee and breakfast fixins' for all registered anglers as we drew our fishing stations, registered Beach Buggies, and reviewed tournament rules and guidelines.



The Prez takes a back seat to "Kid" Anderson in Mariano's Mommy-Van!

Pictured below-right is a shot taken by VBAC angler Doug Wehner as Teams met to plan the day's strategy!



Team B recon on Friday –LBIFC member sharing his insights, and epitomizing Esprit Des Corps among Clubs!



Saturday morning check-in and "gameday" breakfast at the LBIFC Clubhouse!

Getting There...Travel Tips for LBI

Taming Traffic - Planning a Good Travel Route Makes this 6-1/2-hour Trip an Absolute Breeze!

The drive up and back to LBI is as relaxing and enjoyable as the route taken. I have found that taking Route 13 and the CBBT to and through the Eastern Shore is a relaxing rural route that offers great views and appears to make time fly by.

This route is relatively traffic-free this time of year, and once one gets to Lewes, Delaware at the 3-1/2-hour mark, taking the Cape May-Lewes ferry is a great way to travel to the Jersey Shore. The 85-minute ferry ride offers a great opportunity to relax, have a bite to eat, and enjoy a variety of refreshments (the topside bar offers cocktails!).

Once the ferry touches down in Cape May, it's a short 90-minute hop to the Islander Motel on Long Beach Island!

The pictures below were taken topside on the ferry after shoving off from Lewes, DE en route to Cape May, NJ.



George, Chris, John, & Dave strategizing topside on the Cape May-Lewis ferry.



George & John "refreshing" on the ferry!

Travel legs on average:

- Chesapeake Bay Bridge Tunnel (CBBT) to Lewes, DE is approximately 3.5 hours or less
- Ferry Crossing between Lewes & Cape May averages 85 minutes (terminal to terminal)
- Cape May Terminal to Long Beach Island: approximately 90 minutes

The total average travel time to/from LBI via this highly scenic route is a relaxing 6.5 hours! This part of the LBI tournament adventure is a definite plus for me!

Formula for Success: Trip to Okie's Butcher Shop + Nice Hot Grill + Greek & Italian Chefs = Royal VBAC Feast!

This Club certainly knows how to prepare for a tournament – what a "pre-game" meal we had!

After VBAC anglers helped the LBI Fishing Club set-up Friday afternoon, we were told to visit *Okie's Butcher Shop* in Surf City with the assurance that Okie (proprietor & LBIFC member) would "...take care of us."

When you're in Jersey, those words can be ominous, but in this case, Okie took us in, treated us like old friends, and laid the foundation for a truly memorable feast! He literally "...made us an offer we couldn't refuse!

We sped back to the motel, fired-up the grill, and in no time were enjoying a ring of grilled Italian Sausage; wheel of provolone; prosciutto-stuffed cherry peppers; Okie's potato salad; and several loaves of fresh-baked Italian bread.

This was followed by a parade of prime grilled meats including filet mignon, melt-in-your mouth veal & lamb chops, and prime-cut T-Bone steaks with Montreal Steak Seasoning and a little extra garlic – courtesy of our Greek and Italian chefs!

The pictures do not do the meal justice because I was too busy eating straight off the grill to take more shots!

Below is George Gabriel taking his Presidential role seriously by providing real-time quality control over Grill-Master Jerry Mariano! The best thing about being the photographer is you rarely get caught in the act!



George provides "quality control" as Jerry tends the grill!



Veal & Lamb Chops, Filet Mignon, T-Bones – and more!

It's amazing how quiet it can get when the feeding process begins! Robbie Parks and his A-Team of Aces Doug, Greg, Jerry, and Chris enjoying the first wave of "snacks" fresh off the grill (as Team B's Mel devours a juicy lamb chop!).



Can't wait til next year for more VBAC-style Food, Fun, Fellowship and Fishing!

Recipes From Our Members

Sheepshead Recipe, For the person in a hurry, a cook is sometimes...

Beth Synowiec

For the person in a hurry, a cook is sometimes faced with wanting to cut back on time involved but not sacrifice taste. This recipe does both:) Written specifically for the Virginia Beach Anglers Club as a thank you for so many amazing years from our family's kitchen to yours. You truly are such an amazing group of people and I truly appreciate each and every one of you.



Fillet and descale the fresh sheepshead

Rinse fillets (this only should take about 15 seconds, do not soak fillets in water)

Take a 1/2 of a fresh lemon and squeeze juices over fresh fillets front and back of fillets. Let juices sit on fillets for about 1/2 min then quickly rinse fillets for about 5 seconds

You can either stove top fry fillets after seasoning them to your taste or bake them. This recipe will discuss baking them.

Simple prep for me would be Ocean sea salt & lightly apply crushed pepper, sprinkle moderate amount of Paprika, add a few sprinkles of fresh or dried parsley then pour some melted butter on top of fillets (a few table spoons will suffice) and also sprinkle some white wine, I prefer a non-dry semi sweet white like a Riesling or a Gewürztraminer. *Oh, it's also recommended the chef pour a glass for themselves while preparing the dinner, ha! I am also a big fan of Ragin Cajun spice (the blue can) it's really amazing addition to seafood and chicken but please keep in mind that Too much of it If added will over power the fish ..

(If you prefer a crunchy crust you can always smash up a few potato chips in a baggie and sprinkle them on top in the middle of cooking the fish (don oven mitt & pull out pan with fish out quickly shutting door in my opinion is best way to avoid overall oven temp decreasing) sprinkle crushed potato chips evenly over all the fillets and put back into oven quickly to continue cooking . Do not recommend put chips on in the beginning stages when first preparing or cooking the fish to avoid the chips starting to either get soggy depending on order ingredients are added or burn on the top)

Pre heat Oven temp to 400 degrees

For thin to medium fillets baking about 12 to 14 minutes should do it, for thicker or larger fillets may need to cook for at least 16 to 20 minutes depending on size and thickness. The best way to tell if a fish fillet is done is to use a fork on the fillet on the near the end (or center if a thick fillet) to gentle attempt to move the fish. If the fish flakes easily then the fish is done. Do not overcook because over cooking will dry out your fillet.

I have cooked this recipe with a higher temperature setting when I have a lot more fillets that I'm trying to cook at the same time. I'll usually increase the temperature to about 410 to 415 degrees especially with thick fillets to ensure that all of the fillets are thoroughly cooked. Adjusting temperatures is perfectly fine as long as you watch them. I do NOT Recommend the broiling of sheepshead. I have seen fillets curl up and dry out and the taste is not as good at really super high temperatures with this fish, (just my 2 cents). Serve with steamed broccoli and jasmine rice (using a rice cooker is best and easiest way to prepare the rice if to own one, if not put that on Santa's list this year:). Bon Appetite Everyone.

The Chef's Corner

VBAC Chef's Corner: Low Country Boil OBX-Style!

OCTOBER 2018

This version of the classic Low Country Boil features ingredients provided by seven VBAC members during the inaugural Salvo Open surf fishing tournament!

When Jerry Hughes first approached me about hosting an intraclub surf-fishing event at my cottage in Salvo, NC, my first thought was a skeptical, "*Maybe*." The concern was short notice and no time to socialize the event across the Club.

But, when Jerry suggested we cap off the event with a Low Country Boil, I was ALL-IN!

I'm the kind of person that remembers <u>some</u> of the details about everywhere I've been, but I remember *all* of the food!

Knowing the VBAC cast of characters that would be partaking, this was sure to be a memorable feast and a great excuse to fish!

This recipe recounts the actual ingredients and process used to feed our hungry anglers on that memorable Saturday night in August, and should we decide to do this event again, I can't wait to make next year's OBX Country Boil even better!



VBAC anglers Jerry Hughes and Russell Willoughby "volunteering" to test the food!

Logistics & Set-up:

Each angler participating in the tournament signed-up to furnish a key ingredient, and I provided all "fill-in" ingredients, spices, cooking & serving hardware, facilities, etc. I also provided the cooking *service*??

After returning to the cottage (aka Tournament HQ) following a full day of surf fishing, folks washed themselves and their gear, enjoyed tasty beverages, and "chilled" OBX-style around the grill while I prepped everything for the Boil.

I put the tables, chairs, and modified turkey-cooker in place ahead of time (pot with handled inner cage on propane stand).

Game on!

Ingredients:

- 5 lbs large red potatoes, cut into quarters or sixths whole new potatoes are also excellent (Patty Searby)
- ½ bag carrots, peeled and coarsely chopped (JohnG)
- ½ bag celery, coarsely chopped (JohnG)
- 1 head garlic, halved (JG)
- 4 large Jalapeño peppers, cut into strips (Bill Frunzi)
- 4 medium white onions, cut into quarters, sixths, or eighths based on size (Patty Searby)
- 8 ears of sweet white corn, halved or in thirds if big (Jerry Hughes & Russell Willoughby)
- 5 lbs hot smoked Andouille link sausage, cut into 2-inch pieces (Bill Frunzi)
- 7 lbs large NC shrimp, head off, shell on (Vic Muron)
- 4 dozen fresh top neck baby clams, rinsed (Robbie Parks)

The Chef's Corner Continued

5 quarts water – or about that anyway (Dare County Public Works!)

1 PBR (JohnG - the National Beer of Hatteras Island!)

1 (4-ounce) bag of Zatarains Crab Boil Seasoning (JohnG)

5 tablespoons Old Bay seasoning – plus a little extra for a dusting! (JohnG)

Tabasco, Lemon, Butter, and Old Bay (JohnG – I made cocktail sauce, but it never left the fridge!)

Directions:

Fire-up the propane under the modified turkey cooker, and add 5 quarts water, beer, and seasonings.

Add potatoes, carrots, onion, peppers, and garlic, cover the pot, and heat to a rolling boil; cook 5-10 minutes.

Add smoked sausage, corn, and clams, and return to a boil.

Cook 5 minutes or until potatoes are tender.

Add 5 lbs of shrimp to stockpot (sprinkling additional Old Bay as they layer-in); cook 2 to 4 minutes or until pink.

Drain by pulling the "cage" from within the pot and pour contents into 2 large serving trays (see pics below).

Pour remaining 2 lbs of shrimp into the stockpot, cook for 2-min, drain, and sprinkle over the 2 serving trays with additional Old Bay if desired. After all, you can never have too much shrimp!

Serve with lemon, Tabasco, butter, and Old Bay.

Serves 12-14.

(Yes, we had plenty of quality leftovers since there were only 8 of us, even after folks had seconds and thirds!) Below are a couple of pictures taken just after the pot was drained and poured into serving trays.





This simple and delicious one-pot meal is a prefect feast for hungry anglers that can be enjoyed outdoors in OBX!

Stay tuned for next month's "Thanksgiving Special" in the VBAC Chef's Corner

Contributed by: John Germanos, Virginia Beach Anglers Club (VBAC)

Freshwater Fishing News

Eligible Freshwater Species, Minimum Weight, and Release Lengths.

***** Modified/updated March 15, 2018. Based on 75% of Virginia Citation Requirements.

Virginia Citation Requirements

2018 VBAC Requirements

		Weight	Release Length	Weight	Release Length
	Bass, Largemouth	8 lb 0 oz	22"	6 lb 0 oz	17"
	Bass, Rock	1 lb 0 oz	12"	12 oz	9" ****
	Bass, Smallmouth	5 lb 0 oz	20"	3 lb 12 oz	15" *****
	Bass, Striped (FW)	20 lb 0 oz	37"	15 lb 0 oz	28"
	Bass, White	2 lb 8 oz	18"	1 lb 14 oz	14"
	Bowfin (Grindle)	10 lb 0 oz	30"	7 lb 8 oz	23"
	Carp	20 lb 0 oz	34"	15 lb 0 oz	26"
	Catfish, Blue	30 lb 0 oz	38"	22 lb 8 oz	29" *****
	Catfish, Channel	12 lb 0 oz	30"	9 lb 0 oz	23"
	Catfish, Flathead	25 lb 0 oz	40"	18 lb 12oz	30" *****
	Chain Pickerel	4 lb 0 oz	24"	3 lb 0 oz	18"
	Crappie	2 lb 0 oz	15"	1 lb 8 oz	11" *****
	Gar	10 lb 0 oz	40"	7 lb 8 oz	30"
	Muskellunge	15 lb 0 oz	40"	11 lb 4 oz	30" *****
	Northern Pike	6 lb 0 oz	30"	4 lb 8 oz	23"
	Perch, White	1 lb 4 oz	13"	15 oz	10"
	Perch, Yellow	1 lb 4 oz	12"	15 oz	9" ****
	Sauger	2 lb 0 oz	18"	1 lb 8 oz	14"
	Shad, American			(Release only)	12"
	Shad, Hickory	1 lb 8 oz	10"	1 lb 2 oz	8"
	Sunfish/Bluegill	1 lb 0 oz	11"	12 oz	8" ****
	Trout, Brook	2 lb 0 oz	16"	1 lb 8 oz	12"

	Trout, Brown	5 lb 0 oz	25"	3 lb 12 oz	19"

	Trout, Rainbow	4 lb 0 oz	22"	3 lb 0 oz	17"

	Walleye	5 lb 0 oz	25"	3 lb 12 oz	19"
****	·				

Freshwater Fishing News Continued

I saw this on Virginia Crappie's face book page and thought it to be pretty good advice.

Preston

Cooling water temperatures mean the crappie schools start changing. They school after the spawn to open water for the most part, some may stay shallow but can be schooled loosely or tight. When in deep water, schools in the summer, at least here in Wisconsin, school tight & vertical. Once water cools it may disperse those large tight summer schools & they head for the shallows, rock humps or stay in deep water but head towards the bottom & school more horizontally, especially closer to turnover. These large deep-water horizontal schools can be super large. They are groups of the summer groups united. Deep mud flats are a place to find large numbers. Good luck this fall to all the crappie fisherman out there! Hope this helps.



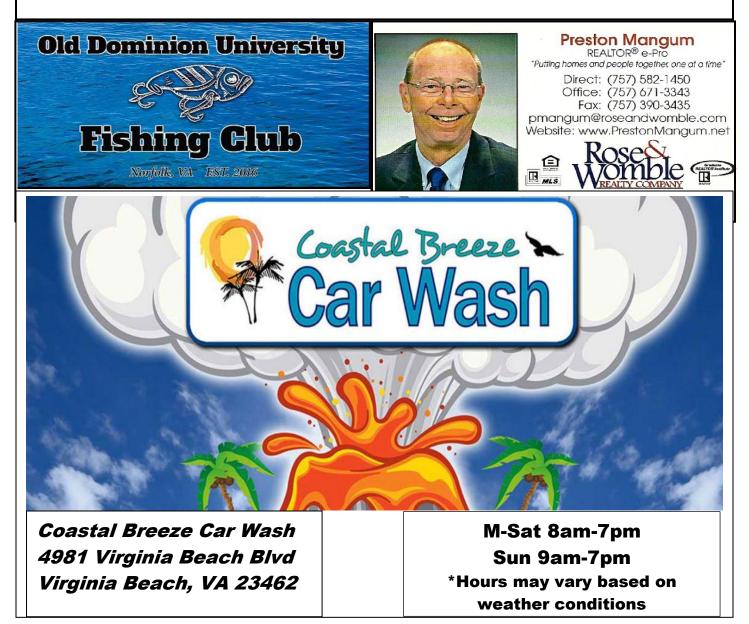
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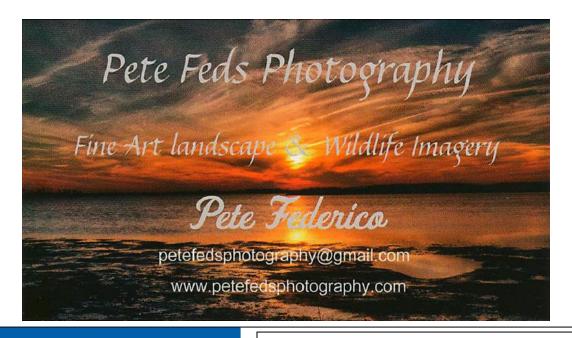
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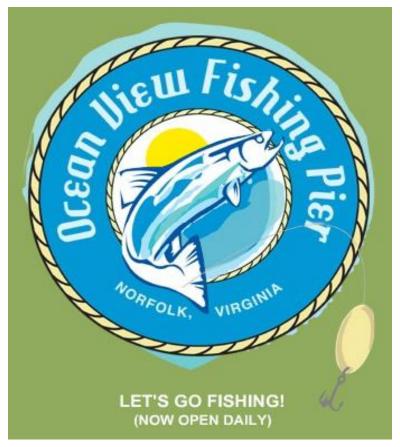
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VBAC MISSION STATEMENT

The purpose of the VBAC is to encourage sport fishing, both freshwater and saltwater, while supporting prudent governmental and other policies that promote the preservation, conservation and ecology of all marine life.

Our Objectives:

- Monitor legislative and regulatory activities relating to management of local and regional fisheries and participating actively, where appropriate, to assure the adoption of sound management policy and practices that best serve the interests of VBAC members.
- Promote interest and participation in recreational angling by conducting programs and activities that encourage sport fishing.
- Educate members and others in the techniques of sport fishing to enhance their enjoyment of the sport.
- Conduct social activities that create a wholesome climate for deriving the maximum pleasure from sport fishing by members, their families and guests.
- Plan and conduct fund raising activities to provide the revenues needed to support these objectives.

2018 VBAC Elected Officials

Officers:

Chairman of the Board: Larry Regula

President: George Gabriel

First Vice President: Bob Burstein

Second Vice President:

Treasurer: Mike Anderson

Recording Secretary: Russell Willoughby

<u>Corresponding Secretary</u>: Bob Stuhlman

Board of Directors:

Gary Doerhoff

Jerry Mariano

Preston Mangum

Ronnie Nixon

Patty Searby

Butch Eason

Mark Lozier

David Anderson

Peter Federico

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